CITY OF JOONDALUP

MINUTES OF THE **SENIORS INTERESTS ADVISORY COMMITTEE** HELD ON WEDNESDAY **17 NOVEMBER 2004** AT 9.30AM IN CONFERENCE ROOM 3, CIVIC CENTRE, BOAS AVENUE, JOONDALUP

1. ATTENDANCES AND APOLOGIES

Committee Members:

Kevan Rowe	Chairperson / Community Representative
Allyn Bryant	Industry Representative –
	Association of Independent Retirees Inc
Audrey Poole	Industry Representative - Australian Red Cross
Robert Kinloch	Industry Representative – COTA/NSA
Margaret March	Community Representative
Lew Thorstensen	Community Representative
Officers:	
Julie Eaton	Acting Manager Community Development Services
Margaret Brooker	Adults & Seniors Services Officer – Libraries (Observer)
Gillian Hampson	Administration Officer (Minutes)
Apologies:	
Diane Davies White	Industry Representative - Seniors Recreation Council
Lucy Morris	

The Chairperson declared the meeting open at 9.40am.

2. CONFIRMATION OF PREVIOUS MINUTES

MOVED Allyn Bryant, **SECONDED** Lew Thorstensen that the minutes of the meeting held on 20 October 2004 is a true and accurate record.

CARRIED

3. PRESENTATION – LEW THORSTENSEN

'The Future Of Employment For Seniors'

A copy of Lew Thorstensen's presentation was circulated to the committee. Lew explained that this topic was so comprehensive he had limited his paper to concentrate on the opportunities and directions for seniors' employment. A copy of the presentation is attached for information. The sources of research for this paper are made up of eight Appendices that are listed below.

- A Survey of work advertisements in local newspaper
- B Interview with Manager, Salvation Army Employment Plus, Warwick
- C Interview with Coordinator, Beldon Homestead
- D National Strategy for an Ageing Australia employment highlights
- E Ageism the New Sexism in the Workplace

- F Australian Retired Persons Association (ARPA) Over 50's Association 'Policy Statement for Election 2004'
- G Identified Benefits of Maturity
- H Depend On Mature Experience (DOME) Employment Services Notes

After Lew gave his presentation discussion ensued regarding whether the committee would consider the recommendation as stated in the paper that Council adopts a policy of affirmative action in the employment of seniors. All committee members present agreed and the recommendation was put forward.

MOVED Kevan Rowe, **SECONDED** Audrey Poole that the City of Joondalup adopts a policy of affirmative action in the employment of seniors.

CARRIED

Lew was commended for his informative and comprehensive presentation and was thanked for providing the group with a well-researched topic.

4. GENERAL BUSINESS

4.1 Live Life Festival

Audrey Poole advised that the Red Cross had not received information on the Live Life Festival and inquired if there was a database and whether the Red Cross was actually on it.

Acting Manager Community Development Services advised fliers inviting community groups to participate in the Festival had been sent out many months ago. The groups, however, did not receive a specific invitation to attend the event as other advertising was implemented. Advertising had been via local community newspapers, the Chairman's column, radio stations with community news broadcasts and leaflets and posters had been circulated to libraries and leisure centres.

4.2 Pot Pourri Concert

Acting Manager Community Development Services advised the committee of the Pot Pourri Concert being held at the Arena on Friday 19 November 2004 at 7.00pm. The committee was advised that tickets for general admission are \$8 and VIP tickets are \$25, which includes a pre-function reception and VIP seating at the concert.

4.3 City of Joondalup Community Funding Applications

Lew Thorstensen reported that he had recently sat on the assessment panel for the Community Services section of the Community Funding Program. He gave a brief account of the process and the standard of applications. The results of the program will not be publicly available until after the Council meeting on Tuesday 23 November 2004. Margaret March asked whether seminars were held to assist community groups completing Community Funding applications. Lew Thorstensen advised that seminars to assist groups had been held in the past, however, more recently Council Officers assist groups by talking them through their application and meeting with them if need be.

4.4 Annual Seminar

Audrey Poole commented that in one of its previous meetings, possibly July, the committee had discussed holding an Annual Seminar and asked whether this had been taken any further. The committee agreed that this should be looked into and put on the Agenda for the next meeting.

4.5 **Presentation at Next Meeting**

Margaret March advised that she is unable to attend the next meeting when she was scheduled to give her presentation. Margaret apologised for not being able to attend and asked that her presentation papers be circulated to the committee before the next meeting.

5. DATE OF FUTURE MEETING AND CLOSE

The next meeting will be held on Wednesday 15 December 2004.

The chair declared the meeting closed at 10.35am

CITY OF JOONDALUP

MINUTES OF THE **SENIORS INTERESTS ADVISORY COMMITTEE** HELD ON WEDNESDAY **15 DECEMBER 2004** AT 9.30AM IN CONFERENCE ROOM 3, CIVIC CENTRE, BOAS AVENUE, JOONDALUP

1. ATTENDANCES AND APOLOGIES

Committee Members: Kevan Rowe Chairperson / Community Representative Allyn Bryant Industry Representative -Association of Independent Retirees Inc Audrey Poole Industry Representative - Australian Red Cross Robert Kinloch Industry Representative – NSA Lew Thorstensen **Community Representative** Industry Representative - Seniors Recreation Council Diane Davies White Lucy Morris Executive Director, Community Vision Inc **Officers:** Julie Eaton Acting Manager Community Development Services Administration Officer (Minutes) Gillian Hampson **Apologies:** Margaret March **Community Representative**

The Chairperson declared the meeting open at 9.32am.

2. CONFIRMATION OF PREVIOUS MINUTES

MOVED Allyn Bryant, **SECONDED** Lew Thorstensen that the minutes of the meeting held on 17 November 2004 is a true and accurate record.

CARRIED

3. PRESENTATION – MARGARET MARCH

Information, issues and trends with regard to seniors taking part in physical activity

A copy of Margaret March's presentation was circulated to the committee. As Margaret was absent from the meeting the committee discussed the contents of Margaret's topic.

Diane Davies White highlighted the two 'Living Longer Living Stronger' programmes within the City of Joondalup. Diane advised that the programme at the ECU Rehabilitation Centre in Joondalup aim to promote physical strengthening and conditioning for people over 50 years of age.

Kevan Rowe commented that similar programmes were run successfully in Victoria.

Lucy Morris asked if there was more information that could be found to add to Margaret's research. Acting Manager Community Development Services suggested that further information could be found from several sources including the Department of Sport and Recreation; Seniors Recreation Council; City of Joondalup Libraries; Council of the Ageing; and Positive Ageing.

Acting Manager Community Development Services advised that the Commonwealth Government had recently established a new department consisting of 15 managers across Australia whose mandate is to address obesity and promote physical activity.

The committee discussed the changing nature of family life in recent years and the potential implications on the way in which seniors will participate in physical activity in the future. Group participation and community lifestyle should be encouraged if seniors are to maximise their potential and continue to be physically active. Concerns regarding security and safety will need to be addressed in order to support positive participation.

Kevan Rowe suggested that a trend could be found by establishing the number of participants that attended the GOLD programme.

The committee suggested that Margaret be commended for providing an informative presentation paper.

4. GENERAL BUSINESS

4.1 Annual Seminar

At the last meeting of the Seniors Interests Advisory Committee, Audrey Poole asked if the committee could discuss one of the procedures that was noted in the 21 July 2004 minutes of the Seniors Interests Advisory Committee. The procedure as noted in the minutes was "An annual seminar to allow larger groups of seniors to voice their concerns, goals, aspirations".

After discussion it was agreed that an annual seminar should be established in the early months of 2005. Several ideas were discussed including the concept of offering an inspirational guest speaker followed by a workshop. Acting Manager Community Development Services commented that a good facilitator for the workshop would be required.

Audrey Poole asked how it would be financed; Acting Manager Community Development Services advised that money could possibly be found within the Seniors Plan budget.

Acting Manager Community Development Services spoke about the many programmes that Community Vision run and thought a joint venture with Community Vision would be a good idea.

The venue for the seminar was discussed and it was thought that the large Conference Room within the Joondalup Function Centre could possibly be used. The committee was asked to think about ideas for an annual seminar during the Christmas break and the establishment of an annual seminar would be discussed at the next meeting.

4.2 Craigie Leisure Centre – Discounted Fees for Seniors

Allyn Bryant advised that currently seniors receive 10% discount on memberships at the Craigie Leisure Centre. Allyn stated that he had been told 12 months ago by the Manager Community Development Services that discounted fees for seniors at the Craigie Leisure Centre would be looked at within 2-3 months. Allyn asked for an update on the situation.

Acting Manager Community Development Services advised that the City is currently in the process of formulating a Leisure Plan, which must be completed by June 2005. Part of the development of the Leisure Plan and the review of the Seniors Plan is an evaluation of fees and charges for seniors.

4.3 Retirement Promotion and Planning Session

Audrey Poole advised that the Association of Independent Retirees was holding a Retirement Planning Session on 12 January 2005 at the Fleur Freame Pavilion in Padbury. Audrey asked for copies of the poster to be displayed within the City of Joondalup's leisure centres, libraries and administration building.

Acting Manager Community Development Services suggested that it also be advertised in the Community Newspaper's "What's On' section. Diane Davies White advised that she would try and have it advertised in the "Have a Go News".

4.4 Live Life Festival Feedback

Diane Davies White gave the committee a brief outline of the feedback provided by Chris Brereton, Manager Community Services from the City of Stirling. Some of the points raised are listed below.

The opening went quite well with approximately 60 members of the Prime Movers and Belly Dancers in attendance. The In Care games was well organised and by all accounts was a great success, however, the 'Come and Try' at the Herb Graham Recreation Centre was a little low on numbers. The Expo had some great displays from various organisations but again was a little low on numbers.

Diane believed that the advertisement in the Community Newspaper had gotten lost amongst other notices and was not as obvious as it could have been.

In hindsight it was thought that there were too many activities and an event of this size was a little too ambitious for the first event. The stall holders and other participants, however, expressed a strong interest in attending in 2005.

The committee asked that congratulations be passed on to the Coordinator of the festival Peita Gallagher and Yvette Peterson from the City of Joondalup for all their work and excellent organisational skills that went into the festival.

4.5 Joondalup Pines

Lew Thorstensen informed the committee that he had recently enjoyed watching a film at the Joondalup Pines outdoor film festival which is held at ECU in Joondalup. Lew suggested this is an excellent programme for the hard of hearing as most films have sub titles.

5. DATE OF FUTURE MEETING AND CLOSE

The next meeting will be held on Wednesday 16 February 2005.

The Chairperson wished the committee a very happy Christmas and declared the meeting closed at 10.55am