

# Minutes

# **Seniors Interests Advisory Committee**

MEETING HELD ON 3 JUNE 2009

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# CITY OF JOONDALUP

MINUTES OF THE SENIORS INTERESTS ADVISORY COMMITTEE MEETING HELD IN CONFERENCE ROOM 2, JOONDALUP CIVIC CENTRE, BOAS AVENUE, JOONDALUP ON WEDNESDAY, 3 JUNE 2009

#### **ATTENDANCE**

# **Committee Members:**

Cr Brian Corr Presiding Person South-East Ward
Ms Margaret March Community Member
Ms Valerie Corey Community Member
Ms Patricia Geary Community Member

Mr Allyn Bryant Association of Independent Retirees

Mr Alex Cilia La Corte National Seniors

Mr Patrick Wyburn WA Retirement Complexes Association

Ms Anne Pike Advocare Inc

#### Officers:

Mrs Julie Forrester Acting Manager, Community Development and Libraries

Mrs Pauline Sookloll Community Development Officer
Mrs Barbara Oosterhuis Community Development Officer

Mrs Lesley Taylor Administrative Secretary

#### In Attendance:

Ms Marlene Robins Project Officer, Council on the Ageing

Ms Debbie Bognar Team Leader Aged Care, Community Vision

#### **DECLARATION OF OPENING**

The Presiding Person declared the meeting open at 0934 hrs.

# APOLOGIES/LEAVE OF ABSENCE

Apologies: Cr Fiona Diaz

Ms Maria Bunn Ms Joy Coleman Ms Linda Waterman

#### **CONFIRMATION OF MINUTES**

MINUTES OF THE SENIORS INTERESTS ADVISORY COMMITTEE MEETING HELD ON 1 APRIL 2009

MOVED Mr Allyn Bryant, SECONDED Ms Margaret March that the minutes of the meeting of the Seniors Interests Advisory Committee held on 1 April 2009 be confirmed as a true and correct record.

The Motion was Put and

**CARRIED (8/0)** 

In favour of the Motion: Cr Corr, Mr A Bryant, Mr A Cilia La Corte, Ms V Corey, Ms P Geary, Mrs M March, Ms A Pike and Mr P Wyburn

# ANNOUNCEMENTS BY THE PRESIDING PERSON WITHOUT DISCUSSION

Nil.

#### **DECLARATIONS OF INTEREST**

Nil.

# IDENTIFICATION OF MATTERS FOR WHICH THE MEETING MAY SIT BEHIND CLOSED DOORS

Nil.

### **PETITIONS AND DEPUTATIONS**

Nil.

#### **REPORTS**

ITEM 1 PRESENTATION - SENIORS PEER BASED MENTAL

**HEALTH PROMOTION PROJECT - [55511]** 

WARD: All

**RESPONSIBLE** Mr Clayton Higham

**DIRECTOR:** Planning and Community Development

Mentally Healthy WA, Curtin University of Technology in collaboration with COTA WA (Council of the Ageing WA) submitted a successful application to LotteryWest to pilot a seniors peer-based mental health promotion project in 2009.

A representative from the Seniors Peer Based Mental Health Promotion Project will provide Seniors Interests Advisory Committee members with an overview of the initiative.

The project will be based around the positive mental health message of Act-Belong-Commit. Messages will be targeted to the whole population of older people in order to provide a practical tool for individuals optimise their mental health and prevent the onset of mental health problems, and assist individuals that may be at risk of; or experiencing mental health problems, to become more mentally healthy.

The City of Joondalup has been invited to be involved in the Seniors Peer Based Mental Health Promotion Project. The role of the City will involve liaising with the peer educators; assist to generate interest in the education sessions and assisting the peer educator to identify mentally healthy activities in Joondalup.

## **ATTACHMENTS**

Attachment 1 Seniors Peer Based Mental Health Promotion Project Summary

Mrs Marlene Robins, Project Officer for the Council on the Ageing provided an overview to the Committee with respect to the three month pilot program involving the Cities of Joondalup, Mandurah and Rockingham in relation to the positive mental health message of ACT-BELONG-COMMIT.

A number of questions and concerns were raised and discussed regarding the services provided.

MOVED Ms Margaret March, SECONDED Ms Anne Pike that the Seniors Interests Advisory Committee NOTES the presentation on the Seniors Peer Based Mental Health Promotion Project.

#### The Motion was Put and

**CARRIED (8/0)** 

In favour of the Motion: Cr Corr, Mr A Bryant, Mr A Cilia La Corte, Ms V Corey, Ms P Geary, Mrs M March, Ms A Pike and Mr P Wyburn

Appendix 1 refers

#### MOTIONS OF WHICH PREVIOUS NOTICE HAS BEEN GIVEN

Nil.

#### REQUESTS FOR REPORTS FOR FUTURE CONSIDERATION

MOVED Mr Patrick Whyburn, SECONDED Ms Pat Geary that a report be prepared for consideration by the Seniors Interests Advisory Committee on ways of identifying socially isolated seniors who might wish to be involved in the City's seniors activities.

#### The Motion was Put and

CARRIED (8/0)

In favour of the Motion: Cr Corr, Mr A Bryant, Mr A Cilia La Corte, Ms V Corey, Ms P Geary, Mrs M March, Ms A Pike and Mr P Wyburn

# **CLOSURE**

There being no further business, the Presiding Person declared the Meeting closed at 1031 hrs; the following committee members being present at that time:

Cr Brian Corr Mr Allyn Bryant Mr Alex Cilia La Corte Ms Valerie Corey Ms Patricia Geary Ms Margaret March Ms Anne Pike Mr Patrick Wyburn