

Program Outcomes

Form an elite development squad for outstanding talent in the 12 – 13 year age group.

Focus Area(s):	People Development; High Performance				
Funding Objective(s):	Improve the knowledge, skills and/or experience of organisation officials and volunteers; Assist to develop the knowledge, skills and/or experience of athletes.				
	Objective	Strategies	Performance Indicator	When	Achievement
	What do you want to achieve?	How will you achieve it?	How will you know you have achieved it?	When will you achieve it?	Was the outcome achieved?
1	Identify and prepare development squad coaches	<ul style="list-style-type: none"> Review current coach qualifications and experience Identify coaching gaps Recruit new coaches Assess training requirements Provide training opportunities 	12 coaches with Level 2 qualifications holding a WWCC and Senior First Aid are appointed to the development squad program	1 March 2018	(To be completed once project is finalised).
2	Create training program	<ul style="list-style-type: none"> Research current trends and strategies Liaise with SSA and other high performance professionals List priorities Write training program 	A 12 week training program appropriate for 12 – 13 year olds	15 March 2018	(To be completed once project is finalised).
3	Create selection criteria and processes	<ul style="list-style-type: none"> Review existing SSA and club selection criteria and policies Create club selection criteria and policy Develop selection process Educate coaches on new policy and process 	Approved selection policy (including selection criteria) and process map for selection process	15 March 2018	(To be completed once project is finalised).
4	Promote development squad	<ul style="list-style-type: none"> Create promotion plan Create and print promotion material Promote squad to five local high schools Invite letter to all eligible registered members 	50 participants register Relationship created with three local high schools	15 March 2018	(To be completed once project is finalised).
5	Conduct selection process	<ul style="list-style-type: none"> Conduct selection events in conjunction with development coaches Identify final squad 	Naming of final squad	1 April 2018	(To be completed once project is finalised).

	Objective	Strategies	Performance Indicator	When	Achievement
	What do you want to achieve?	How will you achieve it?	How will you know you have achieved it?	When will you achieve it?	Was the outcome achieved?
6	Conduct training program	<ul style="list-style-type: none"> • Conduct as per 12 week training program • Weekly program reviews 	2 weekly sessions ran over 12 weeks: <ul style="list-style-type: none"> • 90% attendance by athletes • 100% attendance by coaches 	10 July 2018	(To be completed once project is finalised).
7	Improved athlete performance	<ul style="list-style-type: none"> • Conduct as per 12 week training program • Recording and analysis of athlete results 	<ul style="list-style-type: none"> • 10% overall increase in 40m sprints • 10% overall increase in 50kg dead lifts • 10% overall increase in beep test results 	10 July 2018	(To be completed once project is finalised).
8	Review training program	<ul style="list-style-type: none"> • Weekly coach review • Completion interviews with athletes and coaches • Analysis of athlete performance • Project report to be used for planning of 2019 program 	Completion of Project Report	1 August 2018	(To be completed once project is finalised).
9	Project Completion Report	<ul style="list-style-type: none"> • Collect financial reports and receipts • Complete project completion report • Report on objectives 	Completion of Project Completion Report for City of Joondalup	1 September 2018	(To be completed once project is finalised).