

Noise Management Plan CrossFit Perth (Unit 12/210 Winton Road, Joondalup)

Control Measures	Timings	Methodology	Responsible	Monitoring and Reporting	Performance Measure
Testing current noise levels	Immediately	Testing current noise level conducted during an average class Testing conducted in conjunction with Environmental Protection (Noise) Regulations 1997 Version 02-e0-00	Directors	dB testing	dB testing done and spreadsheeted
Education of noise levels and responsibilities of staff	Prior to move	As part of induction to all current staff Induction of any new staff and/or contractors Repeated at staff meetings if needed	Directors	Signed induction forms Staff meeting minutes	All staff are aware of measures
Set up and layout of floor plan	Initial set up And on going	Rubber flooring placed all over floor to adsorb sound Sound system placed in centre of floor plan Office space and recovery area set up to front of building Have ability to completely close all windows and roller doors	Directors	Detailed floor plan prior	Map out and label floor space
Class Sizes	On going	Classes are capped at 20 people and one coach Average class size 15 people	directors	Class booking system	Members have to pre-book
Weekly running of classes	Weekly	Keep open communication with Simplicity Funeral and Autism WA Provide both neighbours with contact details for both directors Be aware of any upcoming funerals and timings	Directors	Email communications	All staff to be notified
Class timings	5:30-6:40am	Monday - to Friday Neighbouring businesses are not open	Coach	Staff meeting minutes	
	9:30-10:40am	Monday - to Friday Front doors will remain closed Majority of activity will be done at rear of building Roller door access open Music system located at centre of space Base component kept to minimum	Coach		
	10:40am-4:20pm	Monday - to Friday Gym is closed and not in use	Coach		
	4:20 - 5:30pm	Same as 9:30am class	Coach		
	5:30 - 6:40pm	Neighbouring businesses are not open	Coach		
	6:40 - 7:50pm	Monday to Wednesday Neighbouring businesses are not open	Coach		
Reviews and Updates	Quarterly	Periodically review and update the Noise Management Plan Incorporate any changes in operations or technology that may impact noise emissions.	Directors		